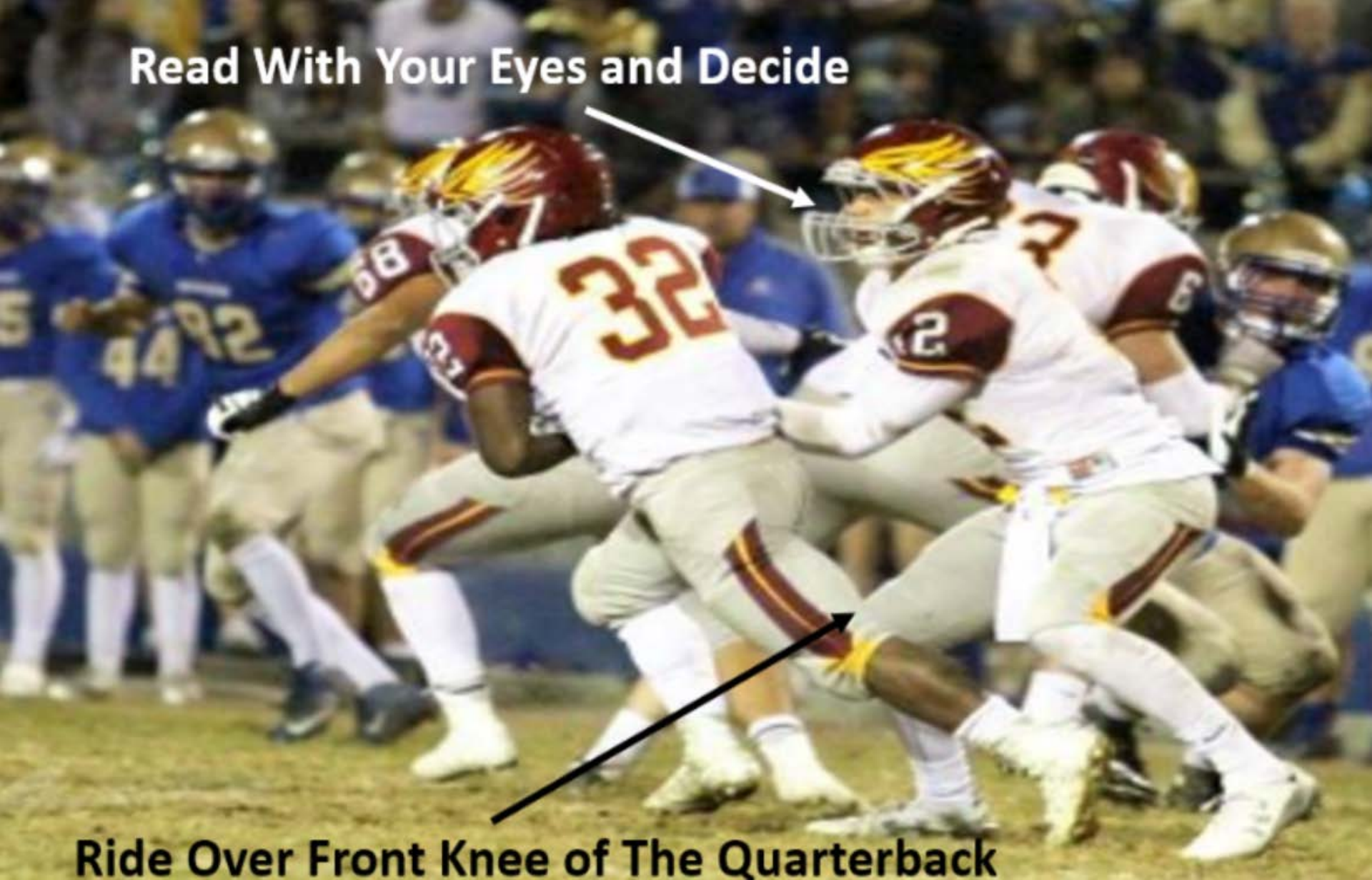


Installing Inside Veer

Read With Your Eyes and Decide



Ride Over Front Knee of The Quarterback

2's & 3's Take It Back

Leave the Playside 5 technique Alone

Phase Two / Take It Back:

Whenever running Inside Veer into a five technique with a one shade this is considered best case scenerio for running this play. The quarterback will read the inside jersey number of the five technique, if the inside jersey number goes upfield then the quarterback will give the football to his fullback. The reason this is considered the best case scenerio is because of the ability of the tackle to get a good inside veer release.

Take It Back

Take it
back &
read the
5 Tech.



The tackle as he inside releases will be asked to "Pick Grass" a term that is used for getting the backside shoulder reduced harder, keeps from dragging the shoulder. Whenever the tackle attempts to pick grass and can get his backside shoulder reduced it helps the five technique to squeeze harder on the tackles veer release inside thus making him more apt to take the dive.

Rules For Running Inside Veer

First down defender past tackles down block

- ✓ Typically 5 technique; occasionally a 4 technique [openside]
- ✓ Versus 31 Tight; usually 9 technique [tightside]

Best case scenarios

- ✓ Inside veer to open end side
- ✓ Outside veer to tight end

Complement to midline

- ✓ Use when defense reduces to stop midline

Openside creates more consistent reads



Inside Veer Basics

- ***Openside – 5 technique most of the time***
 - Read first defender past tackles down block
 - FB's path at outside hip of guard
- ***Check into Load if running towards TE – Must slot the Tight End***
- ***Multiple Formations***
 - Use creativity, align pitch-man at 7 yards if behind QB, if you use orbit motion for pitchman gain depth no deeper than 7 yards.

Inside best run at a 5 & 1 Technique



Inside Veer Benefits

- *Inside Veer vehicle sets inside running game*
 - Control the box
 - Defend perimeter
- *Limits defensive fronts and coverages*
- *Takes advantage of an over-active 5 technique*
- *A lot of option game called at LOS*
- *Must defend entire field*

2' – 3's Leave Callside 5 Alone 2 & 3 Take It Back

Veer
Speed
Blast
Power
Counter

2's Leave Call
side 5 Technique
Alone

3's Leave Call
side 5 Technique
Alone

"2" or "3's" Take It Back

QB Eyes and Reads inside Jersey Number



If the inside jersey number
comes down pull it,
If it goes up field give it!

Rules For Running Inside Veer

12 or 13

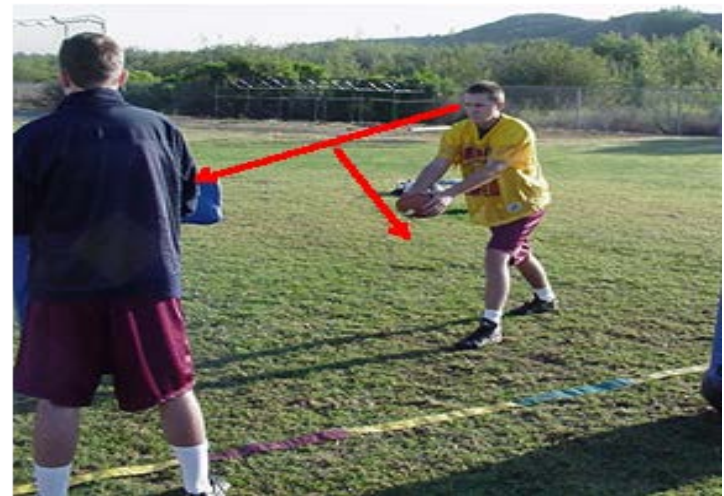
- **No Outside Invert Weak – Run Inside Veer**
 - Defense moves (reduce) to the Tight End
 - Defensive adjustment to stop Midline or Load
 - Defense moves to a 4 - 3 scheme
- **Defensive Triangle Exists**
 - Outside invert located outside Defensive End
 - Take option the other way

Put Inside Veer into a situation where the defense doesn't have enough players to defend

QB's Veer Footwork – 2nd Step In The Hole

- *Reach the ball back as deep as possible to the dive back*
 - Long ride [deep to QB's front hip] to bait defender
 - Longer the ride the greater chance defender takes dive
- *Step into hole with backside (left) foot*
 - Keeps QB downhill
- *Ride to the front hip*
- *Eyes on inside jersey number of the read defender*

Note: QB is holding more than ½ the ball



Fullback's Technique Inside Veer

Show Numbers



● Fullback

- Showing numbers
- Keep Eyes & head up
- Soft Pocket

● Quarterback

- Reach ball back as deep as possible
- Sit down in the chair
- Keep Eyes on read
- Riding to front hip

